

DO YOU SMOKE?

Take Care of Yourself by Getting Screened for LUNG CANCER

Early detection MAKES A DIFFERENCE!

A 15-MINUTE EXAM COULD SAVE YOUR LIFE

Painless
Non-invasive
No preparation
Covered by most insurance

What EXACTLY is LDCT?




LDCT – or low-dose computed tomography (A.K.A. “low-dose CT scan”) – is the only recommended screening test for lung cancer. During an LDCT scan, you lie on a table and an X-ray machine uses a low dose of radiation to make a detailed image of your lungs.

CRITICAL BENEFIT OF EARLY DETECTION

Annual LDCT Screening Can Reduce Lung Cancer Deaths by 20%. It detects tumors at early stages when cancer is more likely to be curable.

Are You Eligible?

You or someone you know are eligible for an annual low-dose CT scan (LDCT) for lung cancer if you/they meet these criteria:

-  **AGE:** If you are 50-80 years old.
-  **SMOKE:** If you currently smoke or have quit in the past 15 years.
-  **HISTORY:** Have a 20 pack year or greater history of smoking.

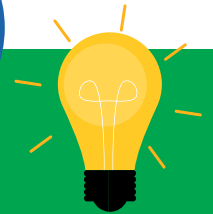
WHAT ARE PACK YEARS?

 X 
Number of packs of cigarettes smoked per day Number of years you smoked

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<https://www.hunterdonhealth.org/services/hunterdon-mercero-chronic-disease-coalition>

DID YOU KNOW?



- People who smoke cigarettes are **15-30x** more likely to get or die from lung cancer than people who do not smoke.
- Lung cancer is the most common cause of cancer deaths in men and women in the US.
- Lung cancer symptoms usually do not appear until the cancer is at late stages.
- **80%** of lung cancer deaths in the US are caused by cigarette smoking.

WHAT TO DO NEXT

- Schedule an appointment with your primary care provider.
- Discuss your interest and eligibility in lung cancer screening.
- Obtain a screening exam order.