

Medical History Form

Name: _____ Age: _____ DOB: _____

Height: _____ Weight: _____ Shoe Size: _____

History Of Present Illness

- What is your specific foot/ankle problem? _____

- When did the problem begin? _____
- How was the problem onset? Sudden Gradual
- The problem is: Improving Worsening Unchanged
- What aggravates the problem? _____

- Which foot/ankle is involved? Right Left Both
- Is this from an injury? Yes No
 → Work Related Yes No
- The problem is worst: AM PM @ Rest W/ Activity
- What improves the problem? _____
- Past treatment for this problem? yes no
- If yes, what was done (doctor or self-treatment)? _____

- Have you had a similar problem in the past? yes no

SOCIAL HISTORY

- Occupation: _____
- Marital Status: Single Married
 Widowed Divorced Separated
- Alcohol Intake: Do you drink?
YES NO

 Weekly (_____) Daily (_____)

What do you drink: _____

- Tobacco Usage: Do you smoke?

 NO YES → Packs/Day
 _____ Years: _____

→ When Quit? _____

- Drug Use: I use drugs that are illegal
 (_____)

Please List ALLERGIES

Diabetes Type 1 / 2

Diabetic Physician: _____

Duration: _____ years

Last Blood Sugar: _____ A1c: _____

MEDICATIONS (include Rx meds, OTC meds, & vitamins)

Medication	Dosage	Medication	Dosage
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

 • Pharm. (Name/Add./Phone): _____

Please List PAST MEDICAL HISTORY

Please List FAMILY HISTORY

