



THE HAPPIEST BABY ON THE BLOCK™
Magic? A miracle? No, it's a reflex™
**Learn an Extraordinary (but easy!)
Way to Calm Your Crying Baby.**

Expectant and new parents of babies younger than 3 months will learn-- step by step-- how to help their babies sleep longer, and how to soothe the fussiest infant in minutes... or less!

2023 Dates (choose one)

10:30 a.m. – Noon OR 6:30 p.m. – 8:00 p.m.

March 23

January 24

June 29

May 9

October 19

August 22

November 28

You may take the class before or after your baby is born.
Bring your baby if s/he has arrived.

Cost: \$50 per family and includes a streaming video link that will be emailed to you after the class.

All classes are held at the Hunterdon Medical Center Education Center, 215 Route 31, just north of HMC. Preregistration is required. Please call Parenting and Childbirth Education Services at 908-788-MOMS (6667) if you have any questions, otherwise please use the enclosed registration form to reserve your place.