



# Hunterdon Health

Hunterdon Regional Cancer Center

## FAMILY RISK ASSESSMENT PROGRAM

Enrollment into the Family Risk Assessment Program	A multi-page questionnaire provides us with information necessary to begin to understand your cancer risk. It includes personal and family cancer history and other factors which are related to cancer risk, detection and prevention.
Initial education, assessment and evaluation	This session is 1-2 hours long and requires an appointment. <ul style="list-style-type: none"><li>• After completion of this session, we will discuss further options for cancer risk management for yourself and your family.</li></ul>
<b>Some of the options for risk management</b>	
Medical Assessment/Consultation	If you do not have a physician for cancer screening and early detection exams, we will provide you with information to assist you in finding a physician.
Review of your medical/screening history and your family history of cancer	All of your information is reviewed by staff members involved in your care and assessment for input regarding recommendations. Records of your exams and medical test results are obtained as necessary.
Genetic Testing (Optional)	<b><u>This is your choice.</u></b> Some individuals are at high risk for having an inherited predisposition to cancer. The evaluation and counseling you receive is intended to help you decide if testing is right for you. Your insurance may or may not cover the costs associated with genetic testing. We will help you determine this.
Recommendations	After the above steps are completed, an individualized set of recommendations is developed for you. This step is completed whether you opt for genetic testing or not.
Follow-up	You are encouraged to update your information annually and to avail yourself of the staff at Hunterdon Regional Cancer Center for future questions or concerns you may have about cancer.